**What is Normal?**

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|  | **Definition/**  **Description of “normal”** | **Examples of “normal”** | **Definition/**  **Description of “abnormal”** | **Examples of “abnormal”** |
| **What’s Normal? What’s Not?** |  |  |  |  |
| **Relax, You’re Normal** |  |  |  |  |
| **What Do We Mean by Normal?** |  |  |  |  |
| **Determining What is Normal Behavior & What is Not** |  |  |  |  |