**Psychology Suggested Reading List**

# Brafman, Ori. Sway: The Irresistible Pull of Irrational Behavior. 206 p.

Brown, Alan. D’oh! The Psychology of the Simpsons. 240p.

Burkeman, Oliver. The Antidote: Happiness for People Who Can’t Stand Positive Thinking. 256p.

Cain, Susan. Quiet: The Power of Introverts in a World that Can’t Stop Talking. 368p. Named one of the Best Books of the Year by many, many periodicals.

Duckworth, Angela. Grit: The Power of Passion and Perseverance. 352p.

Duhigg, Charles. The Power of Habit: Why We Do What We Do in Life and Business. 400p. Named one of the Best Books of the Year by the Wall Street Journal.

Duhigg, Charles. Smarter Faster Better: The Secrets of Being Productive in Life and Business. 400p.

Dutton, Kevin. The Wisdom of Psychopaths: What Saints, Spies, and Serial Killers Can Teach Us About Success. 288p.

Frances, Allen. Saving Normal: An Insider’s Revolt Against Out-of-Control Psychiatric Diagnosis, DSM-5, Big Pharma, and the Medicalization of Ordinary Life. 336p.

Grant, Adam. Originals: How Non-Conformists Move the World. 336 p.

Gerrig, Richard. The Psychology of Survivor: Leading Psychologists Take and Unauthorized Look at the Most Elaborate Psychological Experiment Ever Conducted….Survivor! 227p.

Gilbert, Daniel. Stumbling on Happiness. 261p.

Gladwell, Malcolm. Outliers: The Story of Success. 336p.

Gladwell, Malcolm. Blink: The Power of Thinking Without Thinking. 296p.

Gladwell, Malcolm. The Tipping Point: How Little Things Can Make a Big Difference. 301p.

Gladwell, Malcolm. David and Goliath: Underdogs, Misfits, and the Art of Battling Giants. 320p.

Gosling, Sam. Snoop: What Your Stuff Says About You. 272p.

Heath, Chip. Switch: How to Change Things When Change is Hard. 320p.

Higashida, Naoki. The Reason I Jump: The Inner Voice of a 13-year-old Boy with Autism. 176p.

Kahneman, Daniel. Thinking, Fast and Slow. 512p. Named one of the Best Books of the Year by the New York Times, Wall Street Journal, and The Economist.

Kaysen, Susanna. Girl, Interrupted. 192p.

Lehrer, Jonah. How We Decide. 320p.

Lehrer, Jonah. Imagine: How Creativity Works. 279p.

Levine, Madeline. The Price of Privilege: How Parental Pressure and Material Advantage are Creating a Generation of Disconnected and Unhappy Kids. 256p. Bestselling and award-winning Marin youth psychologist.

Levine, Madeline. Teach Your Children Well: Why Values and Coping Skills Matter More than Grades, Trophies, or “Fat Envelopes” 352p.

Mulholland, Neil. The Psychology of Harry Potter: an Unauthorized Examination of the Boy Who Lived. 326p.

Pang, Alex Soojung Kim. The Distraction Addiction: Getting the Information You Need and the Communication You Want, Without Enraging Your Family, Annoying Your Colleagues, and Destroying Your Soul. 304p.

Pink, Daniel. Drive: The Surprising Truth About What Motivates Us. 272p.

Ronson, Jon. The Psychopath Test. 288p.

Rubin, Gretchen. The Happiness Project or Why I spent a year trying to sing in the morning, clean my closets, fight right, read Aristotle and generally have more fun. 295p

Sacks, Oliver. The Man Who Mistook His Wife for a Hat: And Other Clinical Tales. 256p.

Sharpe, Katherine. Coming of Age on Zoloft: How Anti-depressants Cheered Us Up, Let Us Down, and Changed Who We Are. 336p.

Small, Gary. The Naked Lady Who Stood on Her Head: A Psychiatrist’s Stories of His Most Bizarre Cases. 288p.

Stossel, Scott. My Age of Anxiety: Fear, Hope, Dread, and the Search for Peace of Mind. 416p.